

# Rowley's Lunch Menu

Served From 12.00pm - 3.00pm

Monday - Saturday

## **SOUPS, SALADS & SANDWICHES**

### **Soup of the day €6.50**

Served with Fresh Roll, Brown Soda Bread or Gluten Free Bread (1.7.9.12)

### **Freshly Made Sandwiches or Wraps €7.50**

Served on White or Wholemeal Bread with Choice of 3 Fillings (1.3.6.7.10)

### **Toasted Special €7.50**

Ham, Cheese, Tomato and Onion  
White, Wholemeal or Sourdough Bread (1.6.7)

### **Hot Joint Sandwich €8.50**

White, Wholemeal or Sourdough Bread  
Please Ask Server (1.6.7)

### **Breakfast Bagel €9.50**

Crispy Lettuce, Sausage, Bacon, and Fried Egg (1.3.7.10.12)

### **Toasted BLT €10 / €13 with Chips**

Triple White or Brown Bread filled with Bacon, Lettuce, Tomato and Mayo (1.3.6.7.10)

### **Club Sandwich €11.50 / €14.50 with Chips**

Triple White or Brown bread filled with Chicken, Bacon, Tomato, Lettuce, Coleslaw, Boiled Egg (1.3.6.7.10)

## **Add Chips for €3.00**

### **Fillings:**

- Freshly Sliced Ham
- Plain Chicken Breast
- Cajun Chicken Breast (3,10)
- Creamy Coleslaw (3,10)
- Eggs Mayo (3,10)
- Red Onion
- Crisp Lettuce
- Mixed Peppers
- Sweetcorn
- Salad Mix (3,10)
- Grated Cheese (7)
- Tuna Mayo (3,4,10)
- Tomatoes
- Cucumber

### **Choice of Sauce**

- Mayo (3,10)
- Sweet Chili (1)
- Balsamic Glaze (12)
- Butter (7)
- BBQ

### **ALLERGEN INFORMATION**

1= cereals containing gluten 2= crustaceans 3=eggs 4 =fish 5=peanuts 6=soyabean 7=milk  
8 =nuts 9=celery 10=mustard 11=sesame 12=sulphur dioxide 13=lupin 14=molluscs

## LIGHT BITES & HOT FOOD

### Hot & Spicy Chicken Wings €9.50

Succulent Chicken Wings tossed in your choice of House-Style Sauce or Sweet BBQ Sauce, served with a Creamy Garlic Dip, a perfect starter to kickstart your meal (3.7.9.10)

### Pork Belly Croquette €9.50

Succulent Pork Belly, Delicately Seasoned & Slow-Cooked to Perfection, served with Lettuce & Apple Gel, encased in a Golden, Crunchy Coating (1.3.7.9.10.12)

### Caesar Salad €9.00

A Timeless Combination of Baby Gem Lettuce, Herb Croutons, Smoked Bacon Lardons, and Parmesan Shavings, tossed in Creamy Caesar Dressing (1.3.4.7.10)

Add Cajun Chicken for €4

### BBQ Pull Pork Burger €15.50

with Siracha Coleslaw, Lettuce and Malted Cheese, served with Cheese (1.3.7.10)

### Tomato & Mozzarella Bruschetta €9.00

Marinated Tomato, Garlic, and Pesto on toasted Sourdough Bread, topped with Balsamic Dressing (1.3.7.9)

### Cajun Chicken Pasta €14.50

Tender Cajun Chicken pieces served with Penne Pasta and a Rich Creamy Sauce, a flavourful and comforting pasta dish (1.3.7.9.12)

### Traditional Beef Lasagne €16.50

Classic Beef Lasagne served with Coleslaw, Mixed Salad, and Chips, a comforting and hearty Italian favourite (1.3.7.9.12)

### Fish Tacos €15.50

Three Soft Tortilla Wraps filled with Lightly Battered Cod, Iceberg Lettuce, Homemade Sriracha Slaw, Scallion, Cucumber, & served with Chips, a Flavourful Seafood Delight (1.3.4.7.10.12)

### Thai Red Chicken Curry €16.00

Tender pieces of Chicken in a flavourful blend of Red Curry Paste, Coconut Milk, Ginger, Garlic, and Vegetables, served with Rice or Chips for a taste of Thailand (2.7.9)

### Breaded Spiced Chicken Burger €15.50

Irish Chicken Breast topped with Cheddar Cheese, Smoked Bacon, Iceberg Lettuce, Pickle, Tomato, on a Brioche Bun, served with Chips and Cajun Mayo for a flavourful twist on a Classic Burger (1.3.7.9)

### Cusack Meaty & Mighty Pizza €13.50

A combination of rich Tomato Sauce, Ham, Pepperoni, Sausage, Cajun Chicken, and Mozzarella Cheese, a Meat Lover's Delight (1.6.7.10)

### Roast Joint €15.50 /Special of the Day

Please ask your server

## DESSERTS

### Banana Split €7

Banana Split in half with Vanilla and Strawberry Ice Cream topped with Whipped Cream, Chocolate Sauce (3,7)

### Mango & Passion Fruit Cheesecake €8

A Tropical Delight Creamy Cheesecake infused with Fresh Mangos and Passion Fruit on a Buttery Crust with Fresh Whipped Cream (1.3.7)

### Eton Mess €7

Broken Meringue Pieces, Fresh Strawberries, Strawberry Sauce and Whipped Cream (3.7)

### Warm Chocolate Fudge Cake €7

Rich, Velvety Chocolate Fudge served warm, topped with decadent Drizzle of Chocolate Sauce with a dollop of Creamy Vanilla Ice Cream (1.3.7)

### Rhubarb & Berries Crumble €7

Vanilla Ice Cream topped with Hot Chocolate, Caramel Sauce and Whipped Cream (1.3.7)

### Selection of Ice Cream and Coulis €7.50

(3.7)

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